

Essential leadership skills for Women

Objectives

To provide the knowledge and skills required to develop leadership and the ability to influence people as a female leader, optimize interpersonal relationships, improve political and strategic capabilities and overcome personal limitations in order to rise in the organization and achieve one's career objectives.

Targeted audience

All current and aspiring female managers who want to rise to the top and secure strategic positions in their organizations.

Prerequisite

None.

Content

- Identify and eliminate obstacles to female leadership and kick through the glass ceiling: transformational leadership
- Expand how well you know yourself as a female leader: advanced tools for analyzing personality
- Understanding one's qualities, development strategies, limiting beliefs and received ideas
- Diagnosing internal blockage and resistance
- Identifying personal values and internal sources of motivation
- Awareness of one's image and the effects it conveys
- Intuition, emotional intelligence and charisma
- Strategies for building leadership and political skills, and for discovering the levers of power
- Increasing one's influence and impact at all levels of the organization
- Overcoming obstacles and managing conflict
- Creating optimal conditions for team synergy
- Developing and maintaining a work-life balance
- Defining a personal action plan

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<http://www.technologia.com/en/human-capital-and-management/leadership/female-leadership/>

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DURATION
2 DAYS

REGULAR FEE
945 \$

PREFERENTIAL
FEE
850 \$

Select the training date*

Gatineau	March 9 to March 10 2020
Montreal	April 14 to April 15 2020
Quebec City	June 10 to June 11 2020
Gatineau	October 13 to October 14 2020
Quebec City	October 26 to October 27 2020
Montreal	November 4 to November 5 2020

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