

CH145

PERSONAL DEVELOPMENT

Effectively Organize Ideas using Mind Mapping

 Top pick**DURATION**
1 DAY**REGULAR FEE**
510 \$**PREFERENTIAL FEE**
460 \$

Objectives

To provide the knowledge required to easily and logically create, organize and present one's ideas as well as absorb and remember those of others.

Targeted audience

Any audience.

Prerequisite

None.

Content

- The functioning of the brain and the principles of mind maps
- The creative spirit vs. the structured spirit: the paradox between structure and non-linearity which is resolved by mind mapping
- Experimenting with the different sides of the brain
- Creating a mind map: relationships between ideas, the relative importance of primary and secondary links, drawings and ideas
- Practical applications of mind maps: structuring a project, conducting a meeting, taking notes, preparing a presentation, brainstorming, time management, etc.
- Creating common maps in the context of a project
- Using a simple, powerful methodology to achieve one's objectives as well as learn and retain new information

DATES*

Montreal	August 28 2019
Montreal	September 3 2019
Quebec City	September 9 2019
Gatineau	October 7 2019
Montreal	December 9 2019

Accreditation and partners association



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