

**CH196**

COMMUNICATION AND WRITING SKILLS

# Using Non-verbal Communication for Communicating More Effectively

## Objectives

To provide the knowledge and skills required to better communicate by observing the non-verbal communication of others, by mastering one's own non-verbal communication through improved observation, and by understanding the role body language plays in communication.

## Targeted audience

Any audience.

## Prerequisite

None.

## Content

- Myths and preconceptions about non-verbal communication
- Developing observation skills
- Common denominators of non-verbal language
- Understanding common gestures
- Discovering hidden meanings
- Detecting alliances
- Differentiating between conscious and unconscious gestures
- How to evaluate authenticity
- Body positioning and its significance

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DURATION	REGULAR FEE	PREFERENTIAL FEE
<b>1 DAY</b>	<b>510 \$</b>	<b>460 \$</b>

## Select the training date\*

Quebec City	March 6 2020
Montreal	May 8 2020
Quebec City	September 23 2020
Montreal	October 7 2020